

Gabrielle Carey, Ph.D., LMFT
Release of Information
For Your Managed Care Company

You have chosen to utilize your EAP, HMO or PPO mental health benefits. Therefore, your therapist must have your consent to release information to your managed care company in order to receive approval for your sessions. Some insurance companies will not cover the charges at an in-network rate if preauthorization is not given by the managed care company.

Managed care companies approve a certain number of sessions for a certain time period. If additional sessions are needed, your therapist may be required to send the managed care company information on your case. The information being released is considered instrumental to the ongoing evaluation and treatment of the patient.

In the event that the insurance company refuses payment, you are responsible for the unpaid balance. If you fail to pay within three months, or fail to make payment arrangements with Dr. Carey, your bill may be turned over to a collection agency.

I do hereby authorize my therapist to discuss or release any information about my case to my managed care company. I understand I may revoke my consent at any time in writing. I further authorize that a photocopy of this authorization form be fully acceptable as the original.

Patient or Guardian Signature

Date