

**CHILD/ADOLESCENT  
INDIVIDUAL FORM**

CHILD/ADOLESCENT INFORMATION

Name \_\_\_\_\_  
Address \_\_\_\_\_ City: \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell/Pager \_\_\_\_\_ E-Mail \_\_\_\_\_  
Child/Adolescent's BirthDate \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_ SS# \_\_\_\_\_

INSURANCE INFORMATION

Name of Parent or Guardian on Insurance Policy: \_\_\_\_\_  
Ins. SSN or Policy #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Employed by: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Who referred you to us? \_\_\_\_\_

PARENT OR GUARDIAN LIVING WITH CHILD/ADOLESCENT

Name \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
W. Phone \_\_\_\_\_ Cell/Pager \_\_\_\_\_ E-Mail \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_  
Partner/Parent \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
W. Phone \_\_\_\_\_ Cell/Pager \_\_\_\_\_ E-Mail \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_

SIBLINGS

Siblings	Age	Sex	Birthdate	SSN	Living at Home	
					Yes	No

ADDITIONAL FAMILY INFORMATION

Is there any other person living in your household other than parents or siblings? Yes \_\_\_ No \_\_\_  
If yes, please give each person's name and relationship to the child/adolescent.

Are biological parents divorced or separated? Yes \_\_\_ No \_\_\_ If yes, for how long? \_\_\_\_\_  
Please provide name, address and telephone number of biological parent not in household.

BASIC HEALTH AND COUNSELING HISTORY

Good \_\_\_ Fair \_\_\_ Poor \_\_\_ Date of last Physical Exam? \_\_\_\_\_

Name of Physician? \_\_\_\_\_ Phone \_\_\_\_\_

Is child/adolescent taking any prescription medication, over-the-counter medications, allergy  
medications, herbs, etc.? Yes \_\_\_ No \_\_\_ If yes, what? \_\_\_\_\_

Has child/adolescent ever been hospitalized? Yes \_\_\_ No \_\_\_ If so, for what? \_\_\_\_\_

Were there any significant prenatal or perinatal events? Yes \_\_\_ No \_\_\_ If yes, what? \_\_\_\_\_

Any physical, emotional, or mental condition now or in the past that I need to be aware of?  
Yes \_\_\_ No \_\_\_ If yes, what \_\_\_\_\_

Has child/adolscent ever had counseling in the past? Yes \_\_\_ No \_\_\_

If so, From \_\_\_\_\_ To \_\_\_\_\_ With whom? \_\_\_\_\_

For what? \_\_\_\_\_

Does the child have any problems socially? \_\_\_\_\_

Intellectually? \_\_\_\_\_ Academically? \_\_\_\_\_

Child/Adolescent's current grade level? Pk4 K 1 2 3 4 5 6 7 8 9 10 11 12

## CHEMICAL DEPENDENCY SCREENING

Does the child/adolescent use any of the following substances now or in the past?

Caffeine? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, type and amount? \_\_\_\_\_

Cigarettes? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, type and amount? \_\_\_\_\_

Alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, type and amount? \_\_\_\_\_

Illicit Drugs? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, type and amount? \_\_\_\_\_

Other substance abuse? \_\_\_\_\_

Comments? \_\_\_\_\_

## RATE YOUR CHILD/ADOLESCENT'S CURRENT MENTAL STATUS

	<b>G= Good</b>	<b>F=Fair</b>	<b>P=Poor</b>	<b>Comments</b>
1. Memory/Short	G	F	P	
2. Memory/Long	G	F	P	
3. Insight/Judgement	G	F	P	
4. Attention	G	F	P	
5. Concentration	G	F	P	
6. Affect/Mood	G	F	P	
7. Eye Contact	G	F	P	
8. Body Movement	G	F	P	
9. Speech	G	F	P	
10. Impulse Control	G	F	P	

## CURRENT REASONS FOR SEEKING COUNSELING

Briefly describe the problem for which you wish your child/adolescent to have counseling?

What would you like to see happen as a result of counseling?

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### POLICY

A counseling session is normally 45-50 minutes. It is customary to pay your therapist after each session. A 24-hour cancellation OR rescheduling notice is required; otherwise the usual **full fee** will be charged. Emergencies will be handled on a case to case basis.

The therapist will maintain strict confidentiality. However, I understand that suicidal threats, homicidal threats, and child elder abuse will be reported.

I understand and give permission to my therapist to seek clinical supervision or consultation about my situation when necessary.

I have signed the release of information form for my Insurance company (if applicable) and I have been given the information form regarding privacy and confidentiality as required by the Health Insurance Portability and Accountability Act (HIPAA) of 1996.

I understand that I have the right to refuse treatment at any time.

Parent Signature \_\_\_\_\_

Adolescent Signature \_\_\_\_\_

Psychotherapist Signature \_\_\_\_\_